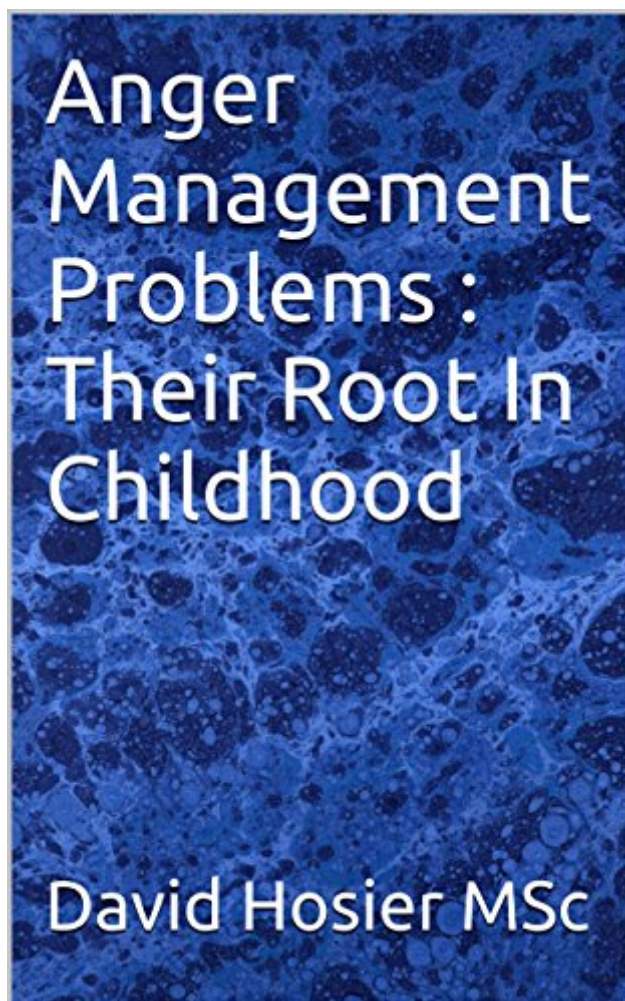


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Anger Management Problems : Their Root In Childhood



Synopsis

The link between childhood trauma and the subsequent development deep rooted feelings of anger is now overwhelmingly supported by the research evidence. In this eBook, psychologist David Hosier MSc, who himself suffered severe childhood trauma, examines this link through a series of comprehensive yet easily digestible articles. Topics covered include Intermittent Explosive Disorder, High Conflict Personality, problems controlling anger and aggression, psychopathy, and, because anger is sometimes turned inwards upon the self, suicide and suicidal impulses .Early warning signs of the potential for future development of such conditions are also examined. David Hosier has experience as a teacher, lecturer and researcher ; he was educated at the University of London, Goldsmith's College and currently lives in Brighton, UK.

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